

### Product Description:

**Rosemary (CT Cineole) Essential Oil** is derived from the aromatic leaves of the Rosmarinus officinalis plant, distinguished by its high cineole content. This essential oil features a fresh, herbaceous aroma with a hint of eucalyptus, offering a stimulating and invigorating scent. Known for its energizing properties, Rosemary CT Cineole is often used in aromatherapy to enhance mental clarity, focus, and alertness.

**Product Code:** [EZ20-EO]

**Botanical Name:** Rosmarinus Officinalis

**Country of Origin:** Morocco

**Extraction Method:** Steam Distilled

\* **Note:** COA and MSDS available on request.

### Guidelines for Use:

1. **Dilution for Skin:** Mix 2-3 drops of Rosemary essential oil with a carrier oil (such as jojoba or almond oil) before applying to the skin. This helps ensure proper dilution and minimizes the risk of skin irritation.
2. **Revitalizing Scalp Massage:** Dilute Rosemary essential oil in a carrier oil and massage it into your scalp. This can promote a healthy scalp and may stimulate hair growth.
3. **Aromatherapy Diffusion:** Inhale the herbal and invigorating aroma of Rosemary by adding a few drops to a diffuser. This can enhance mental clarity, focus, and create a refreshing atmosphere.
4. **DIY Hair Rinse:** Add a few drops of Rosemary oil to a cup of water and use it as a final hair rinse. This can help promote shine and maintain a healthy scalp.
5. **Soothing Bath Soak:** Mix a few drops of Rosemary essential oil with Epsom salts and add it to your bathwater. This can provide a soothing and aromatic bath experience, benefiting both your skin and senses.

#### **Caution:**

Always perform a patch test before widespread use, and be cautious if you have sensitive skin. Consult with a healthcare professional or dermatologist for personalized advice, especially if you have specific skin concerns or conditions.