

### Product Description:

**Pink Grapefruit (Natural Blend) Essential Oil** is extracted from the peel of the Citrus paradisi fruit, renowned for its sweet, citrusy, and refreshing fragrance. This essential oil embodies the vibrant and uplifting aroma of ripe pink grapefruits. It is often used in aromatherapy to evoke a sense of positivity, energy, and mental clarity.

**Product Code:** [EZ19-EO]

**Botanical Name:** Citrus Paradisi

**Country of Origin:** Italy

**Extraction Method:** Cold Pressed

\* **Note:** COA and MSDS available on request.

### Guidelines for Use:

1. **Dilution for Skin:** Mix 2-3 drops of Pink Grapefruit essential oil with a carrier oil (such as sweet almond or jojoba oil) before applying to the skin. This ensures proper dilution and reduces the risk of skin irritation.
2. **Energizing Shower:** Add a few drops of Pink Grapefruit oil to your shower floor before stepping in. The citrusy aroma can create an invigorating and refreshing experience, promoting a positive mood.
3. **Aromatherapy Diffusion:** Inhale the sweet and citrusy scent of Pink Grapefruit by adding a few drops to a diffuser. This can create a lively and uplifting atmosphere, helping to boost your spirits.
4. **DIY Body Scrub:** Incorporate Pink Grapefruit essential oil into a homemade body scrub by mixing it with sugar or salt and a carrier oil. Gently exfoliate your skin for a rejuvenated and citrus-scented feel.
5. **Refreshing Room Spray:** Dilute Pink Grapefruit essential oil with water in a spray bottle and use it as a refreshing room spray. This can help eliminate odors and provide a clean, fruity fragrance to your space.

#### **Caution:**

Always perform a patch test before widespread use, and be cautious if you have sensitive skin. Consult with a healthcare professional or dermatologist for personalized advice, especially if you have specific skin concerns or conditions.