

## **Product Description:**

Patchouli (Dark) Essential Oil is derived from the leaves of the Pogostemon cablin plant and is characterized by its rich, earthy aroma with deep, woody undertones. This distinct fragrance is often associated with grounding and balancing properties. Patchouli essential oil is popular in aromatherapy for its calming and soothing effects, promoting a sense of relaxation and emotional well-being.

Product Code: [EZ15-EO]

**Botanical Name:** Pogostemon Cablin

Country of Origin: Indonesia

**Extraction Method:** Steam Distilled

\* Note: COA and MSDS available on request.

## **Guidelines for Use:**

- 1. Dilution for Skin: Mix 2-3 drops of Patchouli essential oil with a carrier oil (such as jojoba or coconut oil) before applying to the skin. This ensures proper dilution and minimizes the risk of skin irritation.
- 2. Grounding Aromatherapy: Inhale the earthy and grounding aroma of Patchouli by adding a few drops to a diffuser. This can create a calming atmosphere and promote a sense of balance.
- 3. DIY Body Oil: Blend Patchouli essential oil with a carrier oil to create a customized body oil. Apply it to your skin for a moisturizing experience and a lingering earthy scent.
- 4. Sensual Massage Blend: Mix Patchouli essential oil with a carrier oil for a sensual massage blend. This can be beneficial for promoting relaxation and a soothing aromatic experience.
- 5. Fragrant Bath Soak: Add a few drops of Patchouli essential oil to your bathwater for a fragrant and calming bath experience. This can be particularly enjoyable for winding down after a long day.

## Caution:

Always perform a patch test before widespread use, and be cautious if you have sensitive skin. Consult with a healthcare professional or dermatologist for personalized advice, especially if you have specific skin concerns or conditions.