

Product Description:

Derived from the leaves of the Eucalyptus globulus tree, this essential oil is standardized to contain 80-85% cineole, the main active compound. Known for its fresh, camphorous scent, **Eucalyptus Globulus** is renowned for its respiratory benefits. It is often used to ease congestion, support the immune system, and promote clear breathing. This oil blends well with citrus and mint oils.

Product Code: [EZ07-EO]

Botanical Name: Eucalyptus Globulus

Country of Origin: China

Extraction Method: Steam Distilled

* Note: COA and MSDS available on request.

Guidelines for Use:

- 1. **Dilution for Skin:** Mix 2-3 drops of Eucalyptus Globulus essential oil with a carrier oil (such as coconut or jojoba oil) before applying to the skin. This ensures proper dilution and helps prevent skin irritation.
- 2. **Invigorating Shower:** Add a few drops of Eucalyptus Globulus oil to your shower floor before stepping in. The steam from the shower can create an invigorating and refreshing experience, promoting clear breathing.
- 3. **DIY Chest Rub:** Blend Eucalyptus Globulus essential oil with a carrier oil and apply it as a chest rub. This can be especially helpful during cold and flu seasons for respiratory support.
- 4. **Energizing Foot Soak:** Add a few drops of Eucalyptus Globulus oil to a basin of warm water for an energizing foot soak. This can soothe tired feet and provide a refreshing sensation.
- 5. **Aromatherapy Diffusion:** Inhale the crisp aroma of Eucalyptus Globulus by adding a few drops to a diffuser. This can help clear the air and promote a focused and invigorated atmosphere.

Caution:

Always perform a patch test before widespread use, and be cautious if you have sensitive skin. Consult with a healthcare professional or dermatologist for personalized advice, especially if you have specific skin concerns or conditions

