

Product Description:

Extracted from the Cedrus deodara tree, **Cedarwood (Himalayan) Essential Oil** boasts a rich, woody fragrance. Recognized for its calming and purifying properties, it is commonly used in aromatherapy for relaxation. With potential benefits for respiratory health, it blends harmoniously with floral and citrus oils.

Product Code: [EZ05-EO]

Botanical Name: Cedrus Deodara

Country of Origin: India

Extraction Method: Steam Distilled

* **Note:** COA and MSDS available on request.

Guidelines for Use:

1. **Dilution for Skin:** Mix 2-3 drops of Cedarwood Himalayan essential oil with a carrier oil (such as sweet almond or jojoba oil) before applying to the skin. This ensures proper dilution, reducing the risk of skin irritation.
2. **Calming Aromatherapy:** Inhale the woody aroma of Cedarwood Himalayan oil directly from the bottle or diffuse it in a room. This can provide a calming and grounding effect, promoting relaxation.
3. **DIY Hair Treatment:** Add a couple of drops of Cedarwood Himalayan oil to your regular hair conditioner or carrier oil for a nourishing hair treatment. This can help improve the health of your hair and scalp.
4. **Soothing Bath Blend:** Mix a few drops of Cedarwood Himalayan essential oil with Epsom salts and add it to your bathwater. This can offer a soothing and aromatic bath experience, benefiting both the skin and senses.
5. **Homemade Massage Oil:** Blend Cedarwood Himalayan essential oil with a carrier oil to create a calming massage oil. Use it to massage tired muscles and promote a sense of relaxation.

Caution:

Always perform a patch test before widespread use, and be cautious if you have sensitive skin. Consult with a healthcare professional or dermatologist for personalized advice, especially if you have specific skin concerns or conditions.