

Product Description:

Extracted from Piper nigrum, **Black Pepper Essential Oil** has a warm, spicy aroma. Known for its stimulating and invigorating properties, it is often used to alleviate muscle soreness, improve circulation, and aid digestion. Caution is advised due to its potency, and it blends well with citrus and herbal oils.

Product Code: [EZ02-EO]

Botanical Name: Piper Nigrum

Country of Origin: India

Extraction Method: Steam Distilled

* **Note:** COA and MSDS available on request.

Guidelines for Use:

1. **Dilution for Skin:** Mix 2-3 drops of Black Pepper essential oil with a carrier oil (such as jojoba or coconut oil) before applying to the skin. This helps ensure safe application and minimizes the risk of skin irritation.
2. **Massage Oil:** Combine Black Pepper essential oil with a carrier oil to create a warming massage oil. This can be especially beneficial for soothing sore muscles and promoting relaxation.
3. **Invigorating Body Scrub:** Add a few drops of Black Pepper oil to a homemade body scrub made with sugar or salt and a carrier oil. Gently exfoliate your skin to promote smoothness and a revitalized feel.
4. **Aromatic Bath Blend:** Mix a few drops of Black Pepper essential oil with a carrier oil or an unscented bath gel before adding it to your bathwater. This provides an invigorating and aromatic bathing experience.
5. **DIY Deodorant Blend:** Incorporate a drop or two of Black Pepper essential oil into your unscented deodorant. This not only adds a warm, spicy aroma but may also offer natural deodorizing properties.

Caution:

Always perform a patch test before widespread use, and be cautious if you have sensitive skin. Consult with a healthcare professional or dermatologist for personalized advice, especially if you have specific skin concerns or conditions.