

Product Description:

Derived from the *Ocimum basilicum* plant, **Basil Essential Oil** has a sweet, herbaceous aroma with therapeutic properties such as antibacterial, anti-inflammatory, and stress relief. Commonly used in traditional medicine, it blends well with oils like lavender and citrus, but caution is advised for sensitive individuals.

Product Code: [EZ01-EO]

Botanical Name: *Ocimum Basilicum*

Country of Origin: India

Extraction Method: Steam Distilled

* **Note:** COA and MSDS available on request.

Guidelines for Use:

1. **Dilution for Skin:** Mix 2-3 drops of Basil essential oil with a carrier oil (such as almond or grapeseed oil) before applying to the skin. This ensures proper dilution, preventing skin irritation.
2. **Revitalizing Facial Steam:** Add a few drops of Basil oil to hot water for a revitalizing facial steam. This can help cleanse the skin and promote a refreshed complexion.
3. **DIY Acne Spot Treatment:** Dilute Basil essential oil with a carrier oil and apply sparingly to individual blemishes as a spot treatment. Basil's antibacterial properties may help with acne-prone skin.
4. **Energizing Body Scrub:** Mix Basil essential oil with sugar or salt and a carrier oil to create an energizing body scrub. Gently exfoliate your skin for a refreshed and invigorated feel.
5. **Aromatic Bath Soak:** Add a few drops of Basil oil to your bathwater for an aromatic and soothing experience. This can be particularly beneficial for relaxation after a long day.

Caution:

Always perform a patch test before widespread use, and be cautious if you have sensitive skin. Consult with a healthcare professional or dermatologist for personalized advice, especially if you have specific skin concerns or conditions.